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**Over the next few weeks, please write a personal biography. Make sure to include the following:**

1. What is your passion in life? What makes you happiest/most fulfilled?
2. What do you want for yourself, others, and for life? What is truly most important to you?
3. What do you want, professionally? How come you do what you do? What do you offer that is unique and/or excites you?
4. Identify your personal and professional strengths.
5. What are you most pleased and proud of having accomplished?
6. Who do you know? (Identify your network) What do you know? Who knows you?
7. What gifts do you have? What makes you unique and powerful?
8. Make a list of 20 things that make you smile.
9. Make a list of the 10 things you are now willing to do or change.

**Once you've written your biography and answered these questions, send a copy along to me. Be sure to include the date you write this, and keep a copy for yourself. Have fun with this! You may be surprised with what you learn.**

